

Our Seminar Facilitators:

Wendy A. West Pidkaminy is a Licensed Clinical Social Worker, Certified School Social Worker, Adjunct Professor at Syracuse University, Nurtured Heart Specialist, and author of two books, including *Parenting Challenging Children with Power, Love and Sound Mind*. Wendy is the director of Nurturing Life Concepts LLC, a counseling, coaching and consultation practice.



Michael Gilbert, Psy.D. has worked in human services since 1989, including foster care, group home, and hospital settings. In addition, he has worked as a school psychologist within the Syracuse City Schools. In 2000, he founded "It's About Childhood & Family, Inc.," a not-for-profit clinical and resource center. Recently, he launched the *Inner Wealth Initiative* in Central New York as a grassroots movement to provide families an alternative to the traditional mental health system. Dr. Gilbert has given presentations to parents and professionals throughout New York State, as well as nationally. He has advocated for and conducted research evaluating non-medication and non-labeling approaches for families with children exhibiting challenging behaviors often diagnosed as ADHD, ODD, and BiPolar.

Books on the NHA.....



Conference Location:
CNY Philanthropy Center
431 East Fayette Street
Syracuse, New York 13202

All questions regarding the seminar may be directed to Michael Gilbert at (315) 382-0541 or mgilbert@iacaf.org

Or Wendy at (315) 682-4005
www.nurturinglifeconcepts.com

Or go to
www.iacaf-nha.eventbrite.com



This Seminar is sponsored by,

Its About Childhood
And Family, Inc.
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www.innerwealth.org

"The Nurtured Heart Approach" Seminar

Transforming the
Difficult Child
June 11, 2011
9am-4pm

CNY Philanthropy Center
431 East Fayette Street
Syracuse, New York 13202



The Nurtured Heart Approach (NHA) is a very pragmatic and easily understood system designed to turn the challenging child around to a new pattern of success. The approach has been found to produce substantial success in helping children flourish at higher than expected levels of achievement. The NHA teaches significant adults how to positively support experiences of success in children while not accidentally energizing their experiences with failure.



NHA offers a means of adult-child communication that results in an increased pattern of positive interactions which promotes a sense of healing and healthier relationships.

This workshop is for parents, teachers and other professionals who want to learn how to interact with the challenging child with love, power and sound mind!

This Seminar is for you if...

- You notice that techniques that work with other children continue to make your situation worse, despite the best of intentions
- You want the intense children you know to flourish
- You want to reserve the use of medications as a last resort, or you want an approach that will give you the strong probability of shifting the child off medications
- You want to gain a new perspective on your life and the children / youth in your life

Seminar Schedule

8:30	Registration begins
9:00	<i>Foundational Principles</i>
10:30	Break
10:45	<i>Interaction & Communication Techniques</i>
12:00	Lunch
12:30	<i>Limit Setting and Consequences</i>
2:00	Break
2:30	Break out Sessions / Q&As
4:00	Seminar ends

Seminar Registration

Name _____

Address _____

City/State/Zip _____

Phone _____

E-mail _____

Cost (includes lunch):

- Individuals \$55.00
- Couples (two people in same household) \$65.00

Spouse's Name: _____



Thanks to *Nurturing Life Concepts* for deeply discounting the cost of the Seminar

Mail Form and check to:

Checks should be made out to:
It's About Childhood and Family

PO Box 281
Jamesville, NY 13078

Or to register on line go to
www.iacaf-nha.eventbrite.com

Registration Deadline: June 6, 2011